HMG Pediatrics at Medical Plaza 105 W Stone Drive, Suite 2A Kingsport, TN 37660 (423) 230-2430

#### Attention Deficit Hyperactivity Disorder Assessment

Dear Parent/Guardian,

If you have concerns about behavior, attention, or learning problems, we want you to know that we are here to assist you. In order for us to provide a thorough evaluation, it's important that we gather as much information from you as possible for a proper diagnosis to be made. This includes birth history, family history, school history and data (achievement tests, IQ tests, grades, teacher reports, etc.), and other behavioral history.

Many parents and children seek our help because of poor school performance or behavioral problems at school and home. You may have heard the terms "lazy", "poorly motivated", "learning disabled", "short-fused", "hyperactive", "scatterbrained", or "inattentive" used to describe your child. Many times, learning disabilities masquerade as behavioral or performance problems. Therefore, we will need to get measurements of your child's IQ and scholastic achievement level; discrepancies in these areas are indicative of learning disabilities.

Included in this packet are a number of forms for you and for your child's teacher to complete. Be sure to complete the release form which will allow us to exchange information if needed. Upon review of the completed packet, we will contact you to schedule your first appointment. Typically, your child will need to be seen by the physician at least twice to complete an evaluation and provide a proper diagnosis. We want to be sure to take our time and fully understand the challenges your child is facing.

If you have any questions concerning this assessment, please give us a call at (423) 230-2430. Please note that we require a 48 hour cancellation notice if you must cancel your appointment for any reason.

We look forward to working with you and your child.

Thank you,

**HMG Pediatrics at Medical Plaza** 



## Health History

Regular Physician:			
Referring Physician:			
Date of last physical exam:			
Are immunizations up to date? ☐ Yes	□No	☐ Not sure	
Current medications:			
Any special diet or vitamins?			
Any foods that are avoided and why?			
Any allergies?			
At any time, has your child had the follow Asthma Allergies Thyroid Problems Diabetes Arthritis or other chronic illness Febrile seizures Epilepsy or seizure disorder Heart or blood pressure problems High fever (over 104°) Broken bones Severe cuts requiring stitches Head injury with loss of consciousness Concussion Lead Poisoning Surgery Hospitalization more than overnight Speech or language problems Chronic ear infections Hearing difficulties Eye or vision difficulties Fine motor/handwriting problems Gross motor difficulties, clumsiness Appetite problems (over/under eating) Sleep problems (falling/staying asleep) Wetting problems Soiling problems	Never	Past	Present
Other health problems, describe:			



# Family Data

Adopted?
Special Services?
Birth Father's Name:Age:Level of Education: Occupation:History of learning problems?  Birth Mother's Name:Age:Level of Education: Occupation:History of learning problems? Marital status: Single Married Separated Never Married  Step Parent's name: Age: Level of Education: Occupation:
Occupation: History of learning problems? Birth Mother's Name: Age: Level of Education:
Birth Mother's Name:Age:Level of Education: Occupation:History of learning problems? Marital status: Single Married Separated Never Married  Step Parent's name:Age:Level of Education: Occupation:  Name and age of people living with the child. Include parents and other children at home
Occupation: History of learning problems? Marital status: Single Married Separated Never Married  Step Parent's name: Age: Level of Education: Occupation: Name and age of people living with the child. Include parents and other children at home
Marital status: Single Married Separated Never Married  Step Parent's name:Age:Level of Education:  Occupation:  Name and age of people living with the child. Include parents and other children at home
Step Parent's name:Age:Level of Education: Occupation:  Name and age of people living with the child. Include parents and other children at home
Occupation:  Name and age of people living with the child. Include parents and other children at home
Name and age of people living with the child. Include parents and other children at home
If not living with both natural parents, describe any visitation, how often, and any behviora problems before or after the visits:
List any problems with any other members in the family:
Have there been any recent changes (good or bad) in the child's life or family?



## Family Data (continued)

How did you get referred for this evaluation and what pro	blems are yo	ou having?	
How long have you recognized this difficulty?			
Is your child having any behavioral problems?			
Who handles the discipline at home and how is it handled	d?		
Can your child sit and put a puzzle together? Can your child sit and read a book alone? Can your child sit and watch a TV program or video? Does your child fidget a lot with the TV?	Yes	No  □ □ □ □	
Describe your child's behavior during meals?			
Describe any behavior problems out in the public:			
Does your child have any routine chores? If so, describe:			
If asked to do 3 things at once, how many would your chi How many times has the family moved since your child's		-	
How many times has the family moved since your child's  How many times has the child changed schools? (please			
Has it been suggested that your child repeat a grade? Has your child repeated any grades and why?	Yes	No	



## Family Data (continued)

What have you tried in the past to help your child?		
	Yes	No
Do you think your child is depressed or sad for days or longer?		
Do you think your child is anxious or nervous a lot?		
Have you or your child experienced any unusual or traumatic eve (i.e. death of a loved one, serious illness/injury to self or loved on trouble with the law, birth of a child, etc.)?	-	-



# Family History

Are there any relatives with a history of the following?

	Father	Mother	Sibling	Other
Problems with aggressiveness  Defiance or oppositional behavio as a child	r	П	П	П
Problems with attention, activity,	Ь	Ш	В	
or impulse control				
Learing disabilities				
Failed to graduate high school				
Thyroid problems				
Mental retardation				
Psychosis or schizophrenia				
Bipolar disease (manic depression)				
Depression for greater than 1 month				
Anxiety disorder				
Obsessive Compulsive Disorder				
Tics or Tourettes Syndrome				
Alcohol abuse/Alcoholism				
Substance abuse Eating disorder				
(anorexia, bulimia, nervosa)				
Antisocial behavior (assault, theft, etc.)				
Arrests				
Physical abuse				
Sexual abuse				
Are there any problems in the family at the family? (marital, financial, serious illuments)		are affecting o	one or more m	embers of



## **BIRTH & DEVELOPMENT**

PREGNANCY Was delivery full term, 6	early, or la	te?			
,	<i>3,</i>		Yes		No
Can your child sit and p	out a puzz	le togethe	r?		
Can your child sit and r	ead a boo	k alone?			
Did mother smoke, take	e any med	ications, c	onsume alcohol or drug	s durin	ng pregnancy?
Any complications duri	ng pregna	ncy (toxer	mia, eclampsia, infection	s, etc.)	?
LABOR & DELIVERY					
Natural, induced or me	dicated, fo	rceps, C-S	Section?		
		•	Apga		
Was oxygen or respirat					
Was baby alert and res					
			at was the treatment?		
Any congenital problen	ns? ect your cl	nild's life n	ow? Have there been ar		
the past?					
EARLY CHILDHOOD D			e first year of life)		
	Yes			Yes	No
Severe colic			Feeding problems		
Sleeping problems			Eating problems		
Temper tantrums			Head banging		
Rocking behavior			Clumsy	_	ا ا
Impulsive			More active than e	xpecte	·
How old was your shild	l whon oitt	ing?	Walking alang?		
now old was your child			Walking alone? Toilet trained?		
Ware there any serious		_	zations, or surgeries? If		
•		-	zations, or surgenes? its		
approximate dates and	ugcs:				
Has your child ever had	l seizures	blackout	spells, or seroius head tr	auma?	)



## HOME SITUATIONS QUESTIONNAIRE

Child's Name:				_D	ate	:					
Name of person completing this form	n:										
DOES THIS CHILD PRESENT ANY E IF SO, PLEASE INDICATE HOW SEV				MS	IN	A۱	JY (	OF	TH	IES	E SITUATION:
	YES	NO	N	SI /IIL				SC SE			(9)
While playing at home			1	2	3	4	5	6	7	8	9
While with other adults			1	2	3	4	5	6	7	8	9
While with other children			1	2	3	4	5	6	7	8	9
Mealtimes			1	2	3	4	5	6	7	8	9
Getting dressed			1	2	3	4	5	6	7	8	9
Washing/Bathing			1	2	3	4	5	6	7	8	9
While you are on the phone			1	2	3	4	5	6	7	8	9
While watching TV			1	2	3	4	5	6	7	8	9
When visitors are in your home			1	2	3	4	5	6	7	8	9
When you are visiting someone			1	2	3	4	5	6	7	8	9
In stores			1	2	3	4	5	6	7	8	9
In churches			1	2	3	4	5	6	7	8	9
In restaurants			1	2	3	4	5	6	7	8	9
Other pulbic places			1	2	3	4	5	6	7	8	9
Doing routine work at home			1	2	3	4	5	6	7	8	9
When asked to do chores			1	2	3	4	5	6	7	8	9
At bedtime			1	2	3	4	5	6	7	8	9
While in the car			1	2	3	4	5	6	7	8	9
While with a babysitter			1	2	3	4	5	6	7	8	9
When father is home			1	2	3	4	5	6	7	8	9
When doing homework			1	2	3	4	5	6	7	8	9



#### **BEHAVIOR HISTORY**

For at least the past six months, has your child demonstrated any of these behaviors considerably more frequently than most other children the same age?

Please check all that apply.

 _ Has difficulty remaining seated when required to
 _ Often fidgets with hands or feet or squirms in the seat
_ Sense of internal restlessness
_ Has difficulty playing quietly
_ Often talks excessively
_ Often shifts from one uncomplicated activity to another
_ Has difficultly following instructions
_ Is easily distracted
 _ Often interrups or intrudes on others
_ Oftern blurts out answers to questions before completed
_ Has difficulty waiting in lines or in group situations
_ Often engages in physically dangerous activities/thrill-seeking
_ Is often extremely messy or sloppy
 _ Often loses things needed for finishing tasks at home or school
 _ Often does not seem to listen to what is being said
_ Delays in getting fully dressed
_ Lingers or delays at mealtime
 _ Slow in getting ready for bed
 _ Gets angry when not getting his/her own way
 _ Cries easily
 _ Is careless with toys, hobbies, and other objects
 _ Engages in excessive imaginary play
 _ Hears voices or noises that are not there
 _ Sees things that other people do not see
_ Often deliberately does things that annoy people
 _ Often blames others for mistakes
 _ Often lies without thinking of consequences or to cover up mistakes
 _ Diminished pleasure in activities or friends
_ Suicidal ideation or attempt
_ Overreacts to touch
 _ Has compulsive rituals
_ Motor tics
 _ Vocal tics
_ Has panic attacks
Excessive or inappropriate reaction to change in routine



# Today's Date: \_\_\_\_\_ Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_\_ Parent's Name: \_\_\_\_\_ Parent's Phone Number: \_\_\_\_\_ Directions: Each rating should be considered in the context of what is appropriate for the age of your child. When completing this form, please think about your child's behaviors in the past 6 months.

 $\square$  was on medication  $\square$  was not on medication  $\square$  not sure?

**NICHQ Vanderbilt Assessment Scale—PARENT Informant** 

Symptoms	Never	Occasionally	Often	Very Often
Does not pay attention to details or makes careless mistakes with, for example, homework	0	1	2	3
2. Has difficulty keeping attention to what needs to be done	0	1	2	3
3. Does not seem to listen when spoken to directly	0	1	2	3
4. Does not follow through when given directions and fails to finish activities (not due to refusal or failure to understand)	0	1	2	3
5. Has difficulty organizing tasks and activities	0	1	2	3
6. Avoids, dislikes, or does not want to start tasks that require ongoing mental effort	0	1	2	3
7. Loses things necessary for tasks or activities (toys, assignments, pencils, or books)	0	1	2	3
8. Is easily distracted by noises or other stimuli	0	1	2	3
9. Is forgetful in daily activities	0	1	2	3
10. Fidgets with hands or feet or squirms in seat	0	1	2	3
11. Leaves seat when remaining seated is expected	0	1	2	3
12. Runs about or climbs too much when remaining seated is expected	0	1	2	3
13. Has difficulty playing or beginning quiet play activities	0	1	2	3
14. Is "on the go" or often acts as if "driven by a motor"	0	1	2	3
15. Talks too much	0	1	2	3
16. Blurts out answers before questions have been completed	0	1	2	3
17. Has difficulty waiting his or her turn	0	1	2	3
18. Interrupts or intrudes in on others' conversations and/or activities	0	1	2	3
19. Argues with adults	0	1	2	3
20. Loses temper	0	1	2	3
21. Actively defies or refuses to go along with adults' requests or rules	0	1	2	3
22. Deliberately annoys people	0	1	2	3
23. Blames others for his or her mistakes or misbehaviors	0	1	2	3
24. Is touchy or easily annoyed by others	0	1	2	3
25. Is angry or resentful	0	1	2	3
26. Is spiteful and wants to get even	0	1	2	3
27. Bullies, threatens, or intimidates others	0	1	2	3
28. Starts physical fights	0	1	2	3
29. Lies to get out of trouble or to avoid obligations (ie, "cons" others)	0	1	2	3
30. Is truant from school (skips school) without permission	0	1	2	3
31. Is physically cruel to people	0	1	2	3
32. Has stolen things that have value	0	1	2	3

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

Is this evaluation based on a time when the child

Copyright @2002 American Academy of Pediatrics and National Initiative for Children's Healthcare Quality

Adapted from the Vanderbilt Rating Scales developed by Mark L. Wolraich, MD. Revised - 1102

American Academy of Pediatrics







#### **NICHQ Vanderbilt Assessment Scale—PARENT Informant**

Today's Date:	Child's Name:		Date of Birth:
Parent's Name:		Parent's Phone Number:	

Symptoms (continued)	Never	Occasionally	Often	Very Often
33. Deliberately destroys others' property	0	1	2	3
34. Has used a weapon that can cause serious harm (bat, knife, brick, gun)	0	1	2	3
35. Is physically cruel to animals	0	1	2	3
36. Has deliberately set fires to cause damage	0	1	2	3
37. Has broken into someone else's home, business, or car	0	1	2	3
38. Has stayed out at night without permission	0	1	2	3
39. Has run away from home overnight	0	1	2	3
40. Has forced someone into sexual activity	0	1	2	3
41. Is fearful, anxious, or worried	0	1	2	3
42. Is afraid to try new things for fear of making mistakes	0	1	2	3
43. Feels worthless or inferior	0	1	2	3
44. Blames self for problems, feels guilty	0	1	2	3
45. Feels lonely, unwanted, or unloved; complains that "no one loves him or her"	0	1	2	3
46. Is sad, unhappy, or depressed	0	1	2	3
47. Is self-conscious or easily embarrassed	0	1	2	3

				Somewhat	t
		Above		of a	
Performance	Excellent	Average	Average	Problem	Problematic
48. Overall school performance	1	2	3	4	5
49. Reading	1	2	3	4	5
50. Writing	1	2	3	4	5
51. Mathematics	1	2	3	4	5
52. Relationship with parents	1	2	3	4	5
53. Relationship with siblings	1	2	3	4	5
54. Relationship with peers	1	2	3	4	5
55. Participation in organized activities (eg, teams)	1	2	3	4	5

#### **Comments:**

For Office Use Only
Total number of questions scored 2 or 3 in questions 1–9:
Total number of questions scored 2 or 3 in questions 10–18:
Total Symptom Score for questions 1–18:
Total number of questions scored 2 or 3 in questions 19–26:
Total number of questions scored 2 or 3 in questions 27–40:
Total number of questions scored 2 or 3 in questions 41–47:
Total number of questions scored 4 or 5 in questions 48–55:
Average Performance Score:







## REQUIRED 48 HOUR NOTICE

Please note that we require a 48 hour notice for paperwork and perscription refill requests. These requests are time consuming to complete and last minute phone calls and walk-in requests cannot be honored unless deemed medically necessary by our staff.

In order to provide the necessary attention to patients with scheduled appointments, we ask that you please plan ahead and allow the necessary time for us to process your requests.

We appreciate your cooperation and consideration of other patients and apologize for any inconvenience this may cause.

**HMG** Pediatrics at Medical Plaza

I have read the above statement and understand as noted by my signature below	
Signature	 Date



# BEHAVIORAL HEALTH APPOINTMENT CANCELLATION & NO SHOW POLICY

HMG Pediatrics at Medical Plaza requires a 48 hour cancellation notice for all behavioral health appointments. Because these appointments are typically longer time slots to address very complex and often chronic concerns, providing us at least 48 hours notice of any cancellation allows our team members the time to reach other patients who might be able to utilize your appointment time.

Please note that Holston Medical Group will bill the responsible party a fee of \$87.00 for missed behavioral health appointments without the necessary 48 hour notice prior to the scheduled appointment time.

I have read the above statement and understand the policy as stated. I have also been given the opportunity to ask any questions and voice any concerns. My cosent to abide by this policy is noted by my signature below.

Failure to consent to the above policy will require that you find another provider to meet your child's behavioral needs.

Responsible Party	Date
Witness	Date



## **EDUCATIONAL HISTORY**

NAME OF SCHOOL:	
Is your child currently having trouble in school? YES / NO	
Learning Problems? YES / NO Behavior Problems? YES / NO	O Social Problems? YES / NO
What were your child's most recent report card grades?	
Last year's report card grades?	
Is your child now or has he/she ever been in special ed classes or resource	e room? YES / NO
Has your child repeated any grades or been recommended to repeat a gra	
If so, what reason did the school provide?	
Describe any problems your child had in daycare or nursery school:	
Did your child enjoy the last full year of school? YES / NO	
What was your child's strongest area in school?	
What was your child's weakest area in school?	
What is your child's most effective way of studying/learning style?	
How does your child's current teacher describe your child?	
Have other year's teachers had similar or different opinions?	
Do you agree with this evaluation of your child? YES / NO	
Has your child received a psychological or educational evaluation through the s	chool? YES / NO
When? (Please bring a copy with you to you	r appointment with us)
Summarize results:	
Has your child had any mental health treatment? YES / NO	
If yes, when and how helpful was it?	
How many caffeinated drinks does your child consume in a day? (tea, coffee	ee, soda)
Is your child now or in the past been cruel to or hurt animals?	YES / NO
Has your child ever set fires?	YES / NO
Has your child ever tried to hurt any family member? YES / NO Anyone	e outside the family? YES / NO
Has your child ever tried to hurt themselves or commit suicide?	YES / NO
Is your child currently thinking of suicide?	YES / NO
Has your child ever gained or lost a lot of weight in a short period of time?	YES / NO
Do you have any concerns about your child's diet/weight?	
Does your child have trouble sleeping? YES / NO What do you do? _	
Does your child play as much or the same as other children the same age?	YES / NO
Does your child smile and laugh as much as he/she used to?	YES / NO
Does your child seem depressed?	YES / NO

\*\*Please use the back of this page to describe your child's personsality, favorite/least favorite things, hopes and fears, hobbies, etc. in order for us to get to know him/her better.



## HMG Pediatrics Release Form Behavioral Health Treatment

My child's teacher,	, as well as the school principal
and counselor at	school has my permission to
release academic, behavioral, and social and e	motional information on my child to
HMG Pediatrics. In addition, I also allow permis	ssion for the teacher, principal, and counselor to
discuss their difficulties and/or progress with r	ny child with HMG Pediatrics in order to address
my child's behavioral health needs. This permis	ssion to contact the school will continue unless
a written instruction to the contrary is received	by the physician's office. I understand that my
child cannot be evaluated without this consent	
Parent/Responsible Party Signature	Date
Parent/Responsible Party Printed Name	
Address:	
Telephone #:	
School Name:	
School Address:	
School Year:	
School Telephone:	

